

# I. Requirements for Prior Authorization of Calcium Channel Blockers

### A. Prescriptions That Require Prior Authorization

Prescriptions for Calcium Channel Blockers that meet any of the following conditions must be prior authorized:

- 1. A non-preferred Calcium Channel Blocker. See the Preferred Drug List (PDL) for the list of preferred Calcium Channel Blockers at: <u>https://papdl.com/preferred-drug-list</u>.
- 2. A Calcium Channel Blocker when there is a record of a recent paid claim for another Calcium Channel Blocker.

#### B. Review of Documentation for Medical Necessity

In evaluating a request for prior authorization of a prescription for a Calcium Channel Blocker, the determination of whether the requested prescription is medically necessary will take into account whether the beneficiary:

- 1. For a non-preferred Calcium Channel Blocker, has a history of therapeutic failure, contraindication, or intolerance of the preferred Calcium Channel Blockers; **AND**
- 2. For therapeutic duplication, **one** of the following:
  - a. Is being titrated to, or tapered from, a drug in the same class
  - b. Has a medical reason for concomitant use of the requested medications that is supported by peer-reviewed literature or national treatment guidelines;

NOTE: If the beneficiary does not meet the clinical review guidelines listed above but, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary, the request for prior authorization will be approved.

## C. Clinical Review Process

Prior authorization personnel will review the request for prior authorization and apply the clinical guidelines in Section B. above to assess the medical necessity of the request for a prescription for a Calcium Channel Blocker. If the guidelines in Section B. are met, the reviewer will prior authorize the prescription. If the guidelines are not met, the prior authorization request will be referred to a physician reviewer for a medical necessity determination. Such a request for prior authorization will be approved when, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary.

# HIGHMARK W WHOLECARE

NON-PREFERRED MEDICATION PRIOR AUTHORIZATION FORM (form effective 01/01/20)

New request	Renewal request	# of pages:	Prescriber name:					
Name of office contact:			Specialty:					
Contact's phone number:			NPI: State lice			State license	e #:	
LTC facility contact/phone:			Street address:					
Beneficiary name:			Suite #:	City/State/2	y/State/Zip:			
Beneficiary ID#:		DOB:	Phone:		Fax:			
Medication will be b	Place of Service:	ace of Service: 🗌 Hospital 🔲 Provider's Office 🔲 Home 🗌 Other						
Please refer to <u>https://papdl.com/preferred-drug-list</u> for the list of preferred and non-preferred medications in each Preferred Drug List class.								
Non-preferred medication name:		Dosage form: Strength:						
Directions:			Quar	ntitv:	5	Refills:		
Diagnosis (submit documentation):				Dx code ( <i>required</i> ):				
								Yes No
Describe all applicable medical reasons the beneficiary cannot use the preferred medication(s) in the same Preferred Drug List class. Submit								
documentation (e.g., recent chart/clinic notes, diagnostic evaluations, lab results, etc.) supporting this non-preferred request.								
Treatment failure or inadequate response with preferred medication(s) (include drug name, dose, and start/stop dates):								
Unacceptable side effects, hypersensitivities, or other intolerances to preferred medication(s) <i>(include description and drug name(s))</i> :								
Contraindication to preferred medication(s) (include description and drug name(s)):								
Unique clinical or age-specific indications supported by FDA approval or medical literature <i>(describe)</i> :								
Absence of preferred medication(s) with appropriate formulation (list medical reason formulation is required):								
Drug-drug interaction with preferred medication(s) (describe):								
Other medical reason(s) the beneficiary cannot use the preferred medication(s) (describe):								
For renewal requests of previously approved medications, submit documentation of tolerability and beneficiary's clinical response.								
PLEASE FAX COMPLETED FORM TO HIGHMARK WHOLECARE – PHARMACY DIVISION								

Prescriber Signature:

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Date: