



Updated: 03/2026  
DMMA Approved: 04/2026

**Request for Prior Authorization for Multiple Sclerosis Medications**  
**Website Form – [www.highmarkhealthoptions.com](http://www.highmarkhealthoptions.com)**  
**Submit request via: Fax - 1-855-476-4158**

All requests for **Multiple Sclerosis Medications** require a prior authorization and will be screened for medical necessity and appropriateness using the criteria listed below.

**Multiple Sclerosis Medications Prior Authorization Criteria:**

For all requests for Multiple Sclerosis Medications all of the following criteria must be met:

- The drug is age-appropriate according to FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature
- Must be prescribed by, or in consultation with, a neurologist or a physician that specializes in the treatment of MS
- The drug will not be given in combination with other disease modifying therapies approved for the treatment of MS
- The requested dose and frequency is in accordance with FDA-approved labeling, nationally recognized compendia, and/or evidence-based practice guidelines

Coverage may be provided with a diagnosis of relapsing forms of multiple sclerosis (e.g. relapsing-remitting, secondary-progressive, or clinically isolated syndrome) and the following criteria is met:

- If the request is for a non-preferred medication, must provide documentation showing one of the following:
  - The member has tried and failed (which will be verified via pharmacy claims if available) or had an intolerance to two or more preferred agents
  - All of the preferred agents would be contraindicated.
- For members initiating therapy for the first time, must provide documentation of one of the following:
  - One clinical relapse (e.g. functional disability, hospitalization, acute steroid therapy, etc.) during the prior year
  - Two relapses within the prior two years
  - A single clinical demyelinating event and 2 or more brain lesions characteristic of MS
- Member must have documented Expanded Disability Status Scale (EDSS) score of 6.5 or lower
- **Initial Duration of Approval:** 12 months
- **Reauthorization criteria**
  - Must include documentation of one of the following:
    - No increase in their Expanded Disability Status Scale (EDSS) score
    - Member did not experience 1 or more relapses
    - Member does not have 2 or more unequivocally new MRI-detected lesions
- **Reauthorization Duration of Approval:** 12 months

Coverage may be provided with a diagnosis of primary progressive multiple sclerosis (MS) and the following criteria is met:

- Request must be for Ocrevus (ocrelizumab)
- Must have one year of disease progression (retrospectively or prospectively determined), independent of clinical relapse, plus two of the following:
  - One or more hyperintense T2 lesions characteristics of MS in one or more of the periventricular, cortical, juxtacortical, or infratentorial areas
  - Two or more hyperintense T2 lesions in the spinal cord
  - Presence of cerebrospinal fluid-specific oligoclonal bands
- Member must have documented Expanded Disability Status Scale (EDSS) score of 6.5 or lower
- **Initial Duration of Approval:** 12 months
- **Reauthorization criteria**
  - Member must have documented Expanded Disability Status Scale (EDSS) score of 6.5 or lower
- **Reauthorization Duration of Approval:** 12 months

Coverage may be provided for any non-FDA labeled indication if it is determined that the use is a medically accepted indication supported by nationally recognized pharmacy compendia or peer-reviewed medical literature for treatment of the diagnosis(es) for which it is prescribed. These requests will be reviewed on a case by case basis to determine medical necessity.

Drugs are authorized in generic form unless the branded product is on the preferred drug list or the prescriber has indicated in writing that the branded product is medically necessary. If only the branded product is on the preferred drug list, the generic form will be considered non-preferred and shall not require the prescriber to indicate in writing that the branded product is medically necessary.

## MULTIPLE SCLEROSIS MEDICATIONS PRIOR AUTHORIZATION FORM

Please complete and fax all requested information below including any progress notes, laboratory test results, or chart documentation as applicable to Highmark Health Options Pharmacy Services. **FAX:** (855) 476-4158  
If needed, you may call to speak to a Pharmacy Services Representative.  
**PHONE:** (844) 325-6251 Mon-Fri 8:00am to 7:00pm

### PROVIDER INFORMATION

Requesting Provider:	NPI:
Provider Specialty:	Office Contact:
Office Address:	Office Phone:
	Office Fax:

### MEMBER INFORMATION

Member Name:	DOB:	
Member ID:	Member weight:	Height:

### REQUESTED DRUG INFORMATION

Medication:	Strength:
Directions:	Quantity:      Refills:
Is the member currently receiving requested medication? <input type="checkbox"/> Yes <input type="checkbox"/> No      Date Medication Initiated:	
Is this medication being used for a chronic or long-term condition for which the medication may be necessary for the life of the patient? <input type="checkbox"/> Yes <input type="checkbox"/> No	

### Billing Information

This medication will be billed:  at a pharmacy **OR**  medically, JCODE: \_\_\_\_\_

Place of Service:  Hospital     Provider's office     Member's home     Other

### Place of Service Information

Name:	NPI:
Address:	Phone:

### MEDICAL HISTORY (Complete for ALL requests)

**Diagnosis:** \_\_\_\_\_ **ICD-10:** \_\_\_\_\_

What is the member's *current* Expanded Disability Status Scale (EDSS) score? \_\_\_\_\_ Date of assessment: \_\_\_\_\_

Will the medication be administered by a health care provider?  Yes  No

Please provide a medication list of any concurrent medications that the member will be taking in the table below.

**For Relapsing Multiple Sclerosis:**  
Check any of the applicable statements:

Member had at least one clinical relapse (e.g. functional disability, hospitalization, acute steroid therapy, etc.) during the prior year

Member had two relapses within the prior two years

Member had a single clinical demyelinating event and 2 or more brain lesions characteristic of MS

### CURRENT or PREVIOUS THERAPY

Medication Name	Strength/ Frequency	Dates of Therapy	Status (Discontinued & Why / Current)

**MULTIPLE SCLEROSIS MEDICATIONS  
PRIOR AUTHORIZATION FORM (CONTINUED) – PAGE 2 OF 2**

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If needed, you may call to speak to a Pharmacy Services Representative.  
**PHONE: (844) 325-6251 Monday through Friday 8:00am to 7:00pm**

**MEMBER INFORMATION**

Member Name:	DOB:
Member ID:	Member weight:      Height:

**MEDICAL HISTORY (Complete for ALL requests)**

**For Primary Progressive Multiple Sclerosis:**  
Check any of the applicable statements:

Member has one year of disease progression (retrospectively or prospectively determined) independent of clinical relapse

Member has one or more hyperintense T2 lesions characteristics of MS in one or more of the periventricular, cortical, juxtacortical, or infratentorial areas

Member has two or more hyperintense T2 lesions in the spinal cord

Cerebrospinal fluid-specific oligoclonal bands are present

**REAUTHORIZATION CRITERIA**

Has the member experienced a significant improvement with treatment?     Yes     No  
Please describe: \_\_\_\_\_

**For Relapsing Multiple Sclerosis:**  
What was the member's initial Expanded Disability Status Scale (EDSS) score? \_\_\_\_\_ Date of Assessment: \_\_\_\_\_  
How many relapses has the member had in the last year? \_\_\_\_\_  
How many unequivocally new MRI-detected lesions has the member had in the last year? \_\_\_\_\_

**SUPPORTING INFORMATION or CLINICAL RATIONALE**


<b>Prescribing Provider Signature</b>	<b>Date</b>