

# **ANTIMIGRAINE AGENTS, OTHER**

### I. Requirements for Prior Authorization of Antimigraine Agents, Other

#### A. Prescriptions That Require Prior Authorization

All prescriptions for Antimigraine Agents, Other must be prior authorized.

#### B. Review of Documentation for Medical Necessity

In evaluating a request for prior authorization of a prescription for an Antimigraine Agent, Other, the determination of whether the requested prescription is medically necessary will take into account whether the beneficiary:

- 1. Is being treated for a diagnosis that is indicated in the U.S. Food and Drug Administration (FDA)-approved package insert OR a medically accepted indication; **AND**
- 2. Is age-appropriate according to FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature; **AND**
- 3. Is prescribed a dose that is consistent with FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature; **AND**
- 4. Does not have a history of contraindication to the prescribed medication; AND
- 5. For a calcitonin gene-related peptide (CGRP) antagonist/inhibitor prescribed for the prevention of migraine, all of the following:
  - a. Is prescribed the CGRP antagonist/inhibitor by or in consultation with **one** of the following:
    - i. A neurologist
    - ii. A headache specialist who is certified in headache medicine by the United Council for Neurologic Subspecialties (UCNS),
  - b. Has documentation of baseline average number of migraine days and headache days per month,
  - c. Has averaged four or more migraine days per month over the previous three months,
  - d. Has a diagnosis of migraine with or without aura confirmed according to the current International Headache Society Classification of Headache Disorders,
  - e. **One** of the following:
    - i. Has a history of therapeutic failure of at least one preventive medication from **two** of the following three classes:
      - a) Beta-blockers (e.g., metoprolol, propranolol, timolol),
      - b) Antidepressants (e.g., amitriptyline, venlafaxine),
      - c) Anticonvulsants (e.g., topiramate, valproic acid, divalproex),



- ii. Has a history of contraindication or intolerance to all preventive medications from **all** of the following three classes:
  - a) Beta-blockers (e.g., metoprolol, propranolol, timolol),
  - b) Antidepressants (e.g., amitriptyline, venlafaxine),
  - c) Anticonvulsants (e.g., topiramate, valproic acid, divalproex),
- f. Will not be using the requested CGRP antagonist/inhibitor with another CGRP antagonist/inhibitor;

## AND

- 6. For a CGRP antagonist/inhibitor prescribed for a diagnosis of episodic cluster headache, all of the following:
  - a. Is prescribed the CGRP antagonist/inhibitor by or in consultation with one of the following:
    - i. A neurologist
    - ii. A headache specialist who is certified in headache medicine by the UCNS,
  - b. Has a diagnosis of episodic cluster headache confirmed according to the current International Headache Society Classification of Headache Disorders,
  - c. Has a history of therapeutic failure, contraindication, or intolerance of at least one other preventive medication recommended by current consensus guidelines for episodic cluster headache (such as guidelines from the American Academy of Neurology, American Academy of Family Physicians, American Headache Society),
  - d. Will not be using the requested CGRP antagonist/inhibitor with another CGRP antagonist/inhibitor;

#### AND

- 7. For a non-preferred CGRP antagonist/inhibitor, has a history of therapeutic failure, contraindication, or intolerance to the preferred CGRP antagonists/inhibitors approved or medically accepted for the beneficiary's diagnosis. See the Preferred Drug List for the list of preferred CGRP antagonists/inhibitors at: <a href="https://papdl.com/preferred-drug-list">https://papdl.com/preferred-drug-list</a>; AND
- 8. For ergot alkaloids, **both** of the following:
  - a. Has a diagnosis of headache based on the current International Headache Society Classification of Headache Disorders
  - b. Has a history of trial and failure, contraindication, or intolerance to standard first-line abortive medications based on headache classification as recommended by current consensus guidelines (such as guidelines from the American Academy of Neurology, American Academy of Family Physicians, American Headache Society);



NOTE: If the beneficiary does not meet the clinical review guidelines above but, in the professional judgement of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary, the request for prior authorization will be approved.

FOR RENEWALS OF PRIOR AUTHORIZATION FOR AN ANTIMIGRAINE AGENT, OTHER: The determination of medical necessity of a request for renewal of a prior authorization for an Antimigraine Agent, Other that was previously approved will take into account whether the beneficiary:

- 1. Does not have a history of contraindication to the prescribed medication; AND
- 2. For a CGRP antagonist/inhibitor prescribed for the prevention of migraine, **all** of the following:
  - a. One of the following:
    - i. Has a reduction in the average number of migraine days or headache days per month from baseline
    - ii. Has experienced a decrease in severity or duration of migraines from baseline,
  - b. Is prescribed a dose that is consistent with FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature,
  - c. Is prescribed the CGRP antagonist/inhibitor by or in consultation with **one** of the following:
    - i. A neurologist
    - ii. A headache specialist who is certified in headache medicine by the UCNS; AND
- 3. For a CGRP antagonist/inhibitor prescribed for a diagnosis of episodic cluster headache, all of the following:
  - a. Has documentation of a positive clinical response to the requested medication as evidenced by a reduction in cluster headache frequency from baseline,
  - b. Is prescribed a dose and duration of therapy that is consistent with FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature,
  - c. Is prescribed the CGRP antagonist/inhibitor by or in consultation with one of the following:
    - i. A neurologist
    - ii. A headache specialist who is certified in headache medicine by the UCNS; AND
- 4. For ergot alkaloids, **all** of the following:
  - a. Has experienced an improvement in headache pain control or duration
  - b. Is prescribed a dose that is consistent with FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature;



NOTE: If the beneficiary does not meet the clinical review guidelines above but, in the professional judgement of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary, the request for prior authorization will be approved.

#### C. <u>Clinical Review Process</u>

Prior authorization personnel will review the request for prior authorization and apply the clinical guidelines in Section B. above to assess the medical necessity of a prescription for an Antimigraine Agent, Other. If the guidelines in Section B. are met, the reviewer will prior authorize the prescription. If the guidelines are not met, the prior authorization request will be referred to a physician reviewer for a medical necessity determination. Such a request for prior authorization will be approved when, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary.

#### D. Dose and Duration of Therapy

Requests for prior authorization of Antimigraine Agents, Other will be approved as follows:

- 1. Initial requests for prior authorization of CGRP antagonists/inhibitors prescribed for the prevention of migraine will be approved for up to 6 months.
- 2. Renewals of requests for prior authorization of CGRP antagonists/inhibitors prescribed for the prevention of migraine will be approved for up to 12 months.
- 3. Initial requests for prior authorization of CGRP antagonists/inhibitors prescribed for a diagnosis of episodic cluster headache will be approved for up to 4 months.
- 4. Renewals of requests for prior authorization of CGRP antagonists/inhibitors prescribed for a diagnosis of episodic cluster headache will be approved for up to 6 months.



# ANTIMIGRAINE AGENTS, OTHER - ACUTE TREATMENTS PRIOR AUTHORIZATION FORM

New request Renewal request	total # of pages:	Prescriber name:						
Name of office contact:		Specialty:						
Contact's phone number:	NPI: State license #:							
LTC facility contact/phone:	Street address:							
Beneficiary name:	Suite #: City/state/zip:							
	DOB:	Phone: Fax:						
Beneficiary ID#:	Place of Service: Hospital Provider's Office Home							
Medication will be billed via: Pharmacy Medical (Jcode: ) Other CLINICAL INFORMATION								
	Strengt	Strength & dosage form:						
Drug requested:								
To request a CGRP inhibitor (e Dose/directions:	.g., Aimovig, Ajovy, Emgality, etc	c), please use the Antimic	raine, Other Quantit		ottors form. Refills:			
Diagnosis (submit documentation):				Dx code ( <u>required</u> ):				
Does the beneficiary have any of the following contraindications to the requested medication, including								
but not limited to the following? <i>Check all that apply.</i>								
	disease, coronary artery disease, ischemic			Yes No Submit documentation.				
Iver impairment       heart disease, and history of MI)         kidney impairment       cerebrovascular insufficiency								
Is the beneficiary currently taking any medic medication (e.g., strong CYP3A4 inhibitors	□Yes	Submit b	eneficiary's complete					
macrolide antibiotics], peripheral or central	□No	current m	nedication list.					
	INITIAL R	Requests						
Does the beneficiary have a diagnosis of headache that is consistent with current International Classification of Headache Disorders (ICHD) criteria?			☐Yes ☐No					
· · · · · · · · · · · · · · · · · · ·	•	ntolerance of the following		5				
Does the beneficiary have a history of trial and failure, contraindication, or intolerance of the following? <i>Check all that apply.</i>			Yes					
Caffeine/analgesic combination (e.g., E	an NSAID with a triptan	□No						
	RENEWAL	•						
Has the beneficiary experienced an improve			Yes	Submit di	ocumentation.			
PLEASE FAX COMPLETED FORM TO GATEWAY – PHARMACY DIVISION								
Prescriber Signature:		Date:						
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For PREVENTION OF MIGRAINE:

For EPISODIC CLUSTER HEADACHE:

For a NON-PRFERRED CGRP inhibitor:

For PREVENTION OF MIGRAINE:

**Prescriber Signature:** 

For EPISODIC CLUSTER HEADACHE:

Gateway Health Plan Pharmacy Division Phone 800-392-1147 Fax 888-245-2049

Submit documentation of

consultation, if applicable.

Yes

No

Date:

## ANTIMIGRAINE AGENTS, OTHER – CGRP INHIBITORS PRIOR AUTHORIZATION FORM

New request	Renewal request	# of pages:	Prescriber name:						
Name of office contact:			Specialty:						
Contact's phone number:		NPI:		State license #:					
LTC facility contact/phone:			Street address:						
Beneficiary name:		Suite #:	City/State/Zi	late/Zip:					
Beneficiary ID#:		DOB:	Phone:		Fax:				
Medication will be billed via:  Pharmacy Medical (Jcode: )			Place of Service: Hospital Provider's Office Home Other						
CLINICAL INFORMATION									
Drug requested:		Strength:	Fo	Formulation (pen, syringe, etc):					
Dose/directions:				Qu	antity:	Refills:			
Diagnosis (submit documentation):				Dx	Dx code ( <i>required</i> ):				

**INITIAL requests** 

Tried and failed or has a contraindication or intolerance to the preferred CGRP inhibitor(s) approved or medically accepted for the diagnosis

**RENEWAL requests** 

Is the medication being prescribed by or in consultation with a headache specialist who is certified in

Check all of the following that apply to the beneficiary and this request and SUBMIT DOCUMENTATION for each item.

headache medicine by the United Council for Neurologic Subspecialties or a neurologist?

Averaged 4 or more migraine days per month over the past 3 months Tried and failed (or cannot try) other preventive migraine therapies

Tried and failed (or cannot try) at least one other preventive medication

Beta blockers (e.g., metoprolol, propranolol, timolol) Antidepressants (e.g., amitriptyline, venlafaxine)

Anticonvulsants (e.g., divalproex, topiramate, valproic acid)

(refer to https://papdl.com/preferred-drug-list for a list of preferred and non-preferred CGRP inhibitors)

Experienced a decrease in severity or duration of migraines since starting the requested medication

Check all of the following that apply to the beneficiary and this request and SUBMIT DOCUMENTATION for each item.

Experienced a decrease in the frequency of episodic cluster headache since starting the requested medication

Experienced a decreased number of migraine days or headache days per month since starting the requested medication

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