

I. Requirements for Prior Authorization of Multiple Sclerosis Agents

A. Prescriptions That Require Prior Authorization

Prescriptions for Multiple Sclerosis Agents that meet any of the following conditions must be prior authorized:

1. A non-preferred Multiple Sclerosis Agent. See the Preferred Drug List (PDL) for the list of preferred Multiple Sclerosis Agents at: <https://papdl.com/preferred-drug-list>.
2. A prescription for Ampyra (dalfampridine ER), Aubagio (teriflunomide), Briumvi (ublituximab-xiyy), Gilenya (fingolimod), Kesimpta (ofatumumab), Ocrevus (ocrelizumab), Ocrevus Zunovo (ocrelizumab and hyaluronidase-ocsq), Tysabri (natalizumab), or Tecfidera (dimethyl fumarate DR).

B. Review of Documentation for Medical Necessity

In evaluating a request for prior authorization of a prescription for a Multiple Sclerosis Agent, the determination of whether the requested prescription is medically necessary will take into account whether the beneficiary:

1. For a natalizumab product, see the Natalizumab policy; **OR**
2. For Zeposia (ozanimod) for the treatment of ulcerative colitis, see the Ulcerative Colitis Agents policy; **OR**
3. Is being treated for a diagnosis that is indicated in the U.S. Food and Drug Administration (FDA)-approved package labeling or a medically accepted indication; **AND**
4. Is age-appropriate according to FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature; **AND**
5. Is prescribed a dose that is consistent with the FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature; **AND**
6. Is prescribed the Multiple Sclerosis Agent by **one** of the following:
 - a. For Ampyra (dalfampridine ER), a neurologist or physical medicine and rehabilitation (PM&R) specialist
 - b. For all other Multiple Sclerosis Agents, a neurologist;

AND
7. Does not have a contraindication to the prescribed Multiple Sclerosis Agent; **AND**
8. For a non-preferred Multiple Sclerosis Agent, **one** of the following:
 - a. Has a history of therapeutic failure of or a contraindication or an intolerance to the

b. **One** of the following:

- i. Has a current prescription (within the past 90 days) for the same non-preferred Multiple Sclerosis Agent (does not apply to non-preferred Multiple Sclerosis Agents when a therapeutically equivalent brand/generic or corresponding biosimilar/brand biologic/unbranded biologic is preferred)
- ii. For a non-preferred Multiple Sclerosis Agent with a dosing interval exceeding 90 days (e.g., Lemtrada, Mavenclad), is receiving treatment with the same non-preferred Multiple Sclerosis Agent and will continue therapy at a dosing interval supported by FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature;

AND

9. For Ampyra (dalfampridine ER), has motor dysfunction on a continuous basis that impairs the ability to complete instrumental activities of daily living or activities of daily living; **AND**
10. For Mavenclad (cladribine), has documentation of a recent lymphocyte count within recommended limits according to FDA-approved package labeling before initiating the first treatment course;

NOTE: If the beneficiary does not meet the clinical review guidelines listed above but, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary, the request for prior authorization will be approved.

FOR RENEWALS OF PRIOR AUTHORIZATION FOR MULTIPLE SCLEROSIS AGENTS: The determination of medical necessity of a request for renewal of a prior authorization for a Multiple Sclerosis Agent that was previously approved will take into account whether the beneficiary:

1. Is prescribed a dose that is consistent with FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature; **AND**
2. Is prescribed the Multiple Sclerosis Agent by **one** of the following:
 - a. For Ampyra (dalfampridine ER), a neurologist or PM&R specialist
 - b. For all other Multiple Sclerosis Agents, a neurologist;

AND

3. Does not have a contraindication to the prescribed Multiple Sclerosis Agent; **AND**
4. **One** of the following:
 - a. For Ampyra (dalfampridine ER), has a documented improvement in motor function

- b. For all other Multiple Sclerosis Agents, **one** of the following:
 - i. For a Multiple Sclerosis Agent prescribed for a diagnosis of a relapsing form of multiple sclerosis, has documented improvement or stabilization of the multiple sclerosis disease course
 - ii. For a Multiple Sclerosis Agent prescribed for a diagnosis of primary progressive multiple sclerosis or a non-relapsing form of secondary progressive multiple sclerosis, continues to benefit from the prescribed Multiple Sclerosis Agent based on the prescriber's assessment;

AND

- 5. For Lemtrada (alemtuzumab), received the previous treatment course at least 12 months prior to the requested treatment course with Lemtrada (alemtuzumab); **AND**
- 6. For Mavenclad (cladribine), **both** of the following:
 - a. Has documentation of a recent lymphocyte count within recommended limits according to FDA-approved package labeling before initiating the second treatment course
 - b. Has not exceeded the recommended total number of treatment courses according to FDA-approved package labeling;

AND

- 7. For a non-preferred Multiple Sclerosis Agent with a therapeutically equivalent brand/generic or corresponding biosimilar/brand biologic/unbranded biologic that is preferred on the PDL, has a history of therapeutic failure of or a contraindication or an intolerance to the preferred therapeutically equivalent brand/generic or corresponding biosimilar/brand biologic/unbranded biologic that would not be expected to occur with the requested drug;

NOTE: If the beneficiary does not meet the clinical review guidelines listed above but, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary, the request for prior authorization will be approved.

C. Clinical Review Process

Prior authorization personnel will review the request for prior authorization and apply the clinical guidelines in Section B. above to assess the medical necessity of a prescription for a Multiple Sclerosis Agent. If the guidelines in Section B. are met, the reviewer will prior authorize the prescription. If the guidelines are not met, the prior authorization request will be referred to a physician reviewer for a medical necessity determination. Such a request for prior authorization will be approved when, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary.

D. Dose and Duration of Therapy

Requests for prior authorization of Multiple Sclerosis Agents will be approved as follows:



Highmark Wholecare
Pharmacy Division
Phone 800-392-1147 Fax 888-245-2049

1. For Ampyra (dalfampridine ER):

- a. Initial requests will be approved for up to three months.
- b. Renewal requests will be approved for up to six months.

2. For Lemtrada (alemtuzumab):

- a. Requests for an initial treatment course will be approved for up to five days.
- b. Requests for subsequent treatment courses will be approved for up to three days.

3. For Mavenclad (cladribine):

- a. Requests for prior authorization will be approved for a duration of therapy consistent with FDA-approved package labeling.

MULTIPLE SCLEROSIS AGENTS PRIOR AUTHORIZATION FORM (form effective 1/5/2026)

<input type="checkbox"/> New request	<input type="checkbox"/> Renewal request	# of pages: _____	Prescriber name:
Name of office contact:		Specialty:	
Contact's phone number:		NPI:	State license #:
LTC facility contact/phone:		Street address:	
Beneficiary name:		City/state/zip:	
Beneficiary ID#:	DOB:	Phone:	Fax:

CLINICAL INFORMATION

Drug requested:	Dosage form:	Strength:
Directions:		Quantity: Refills:
Diagnosis (<i>submit documentation</i>):	Dx code (<i>required</i>):	Beneficiary's weight:
Is the beneficiary currently being treated with the requested medication?	<input type="checkbox"/> Yes – date of last dose: _____ <i>Submit documentation.</i> <input type="checkbox"/> No	
Is the requested medication being prescribed by or in consultation with a neurologist (or, for Ampyra/dalfampridine, a neurologist or physical medicine and rehabilitation (PM&R) specialist)?	<input type="checkbox"/> Yes <i>Submit documentation of consultation if applicable.</i> <input type="checkbox"/> No	

Complete all sections that apply to the beneficiary and this request.

Check all that apply and submit documentation for each item.

INITIAL requests

Has a relapsing form of MS (*specify*) → clinically isolated syndrome relapsing remitting disease active secondary progressive disease
 Has primary progressive MS
 Has a non-relapsing form of secondary progressive MS

Request is for a NON-PREFERRED Multiple Sclerosis Agent:
 Tried and failed or has a contraindication or an intolerance to the preferred drugs in this class approved or medically accepted for the beneficiary's diagnosis (Refer to <https://papdl.com/preferred-drug-list> for a list of preferred and non-preferred drugs in this class.)

Request is for AMPYRA (dalfampridine):
 Has motor dysfunction on a continuous basis that impairs the ability to complete activities of daily living (ADLs) or instrumental ADLs
 Has results of recent kidney function tests
 Has a history of seizure

Request is for AUBAGIO (teriflunomide):
 Has results of recent liver function tests

Request is for BRIUMVI (ublituximab):
 Does not have active hepatitis B virus infection

Request is for GILENYA (fingolimod):
 Has a comorbid heart condition – describe: _____
 Experienced any of the following in the past 6 months:

<input type="checkbox"/> Myocardial infarction	<input type="checkbox"/> Transient ischemic attack
<input type="checkbox"/> Unstable angina	<input type="checkbox"/> Decompensated heart failure requiring hospitalization
<input type="checkbox"/> Stroke	<input type="checkbox"/> Class III or IV heart failure

Request is for KESIMPTA (ofatumumab):
 Does not have active hepatitis B virus infection

Request is for LEMTRADA (alemtuzumab): Dates of previous treatment course(s): _____

Request is for MAVENCLAD (cladribine): Dates of previous treatment course(s): _____

Has results of a recent lymphocyte count AND:
 Lymphocyte count is within normal limits prior to initiating first treatment course

Request is for MAYZENT (siponimod):

Has been tested for CYP2C9 variants to determine CYP2C9 genotype

Has a comorbid heart condition – describe: _____

Experienced any of the following in the past 6 months:

<input type="checkbox"/> Myocardial infarction	<input type="checkbox"/> Transient ischemic attack
<input type="checkbox"/> Unstable angina	<input type="checkbox"/> Decompensated heart failure requiring hospitalization
<input type="checkbox"/> Stroke	<input type="checkbox"/> Class III or IV heart failure

Request is for OCREVUS (ocrelizumab) or OCREVUS ZUNOVO (ocrelizumab and hyaluronidase):

Does not have active hepatitis B virus infection

Request is for ZEPOSIA (ozanimod):

Has severe untreated sleep apnea

Will be taking a monoamine oxidase (MAO) inhibitor while taking Zeposia (e.g., selegiline, phenelzine)

Has a comorbid heart condition – describe: _____

Experienced any of the following in the past 6 months:

<input type="checkbox"/> Myocardial infarction	<input type="checkbox"/> Transient ischemic attack
<input type="checkbox"/> Unstable angina	<input type="checkbox"/> Decompensated heart failure requiring hospitalization
<input type="checkbox"/> Stroke	<input type="checkbox"/> Class III or IV heart failure

RENEWAL requests

For AMPYRA (dalfampridine):

Experienced improvement in motor function since starting the requested medication

Has a history of seizure

For all MS drugs OTHER THAN Ampyra (dalfampridine):

Has a relapsing form of MS AND:
 Experienced improvement or stabilization of the MS disease course since starting the requested medication

Has primary progressive or a non-relapsing form of secondary progressive MS AND:
 Continues to benefit from the requested medication

Request is for AUBAGIO (teriflunomide):

Has results of recent liver function tests

Request is for BRIUMVI (ublituximab):

Does not have active hepatitis B virus infection

Request is for GILENYA (fingolimod):

Has a comorbid heart condition – describe: _____

Experienced any of the following in the past 6 months:

<input type="checkbox"/> Myocardial infarction	<input type="checkbox"/> Transient ischemic attack
<input type="checkbox"/> Unstable angina	<input type="checkbox"/> Decompensated heart failure requiring hospitalization
<input type="checkbox"/> Stroke	<input type="checkbox"/> Class III or IV heart failure

Request is for KESIMPTA (ofatumumab):

Does not have active hepatitis B virus infection

Request is for LEMTRADA (alemtuzumab): Dates of previous treatment course(s): _____

Request is for MAVENCLAD (cladribine): Dates of previous treatment course(s): _____

Has results of a recent lymphocyte count AND:
 Lymphocyte count is at least 800 cells/microliter before initiating second treatment course

Request is for **MAYZENT (siponimod)**:

Has a comorbid heart condition – describe: _____

Experienced any of the following in the past 6 months:

<input type="checkbox"/> Myocardial infarction	<input type="checkbox"/> Transient ischemic attack
<input type="checkbox"/> Unstable angina	<input type="checkbox"/> Decompensated heart failure requiring hospitalization
<input type="checkbox"/> Stroke	<input type="checkbox"/> Class III or IV heart failure

Request is for **OCREVUS (ocrelizumab)** or **OCREVUS ZUNOVO (ocrelizumab and hyaluronidase)**:

Does not have active hepatitis B virus infection

Request is for **ZEPOSIA (ozanimod)**:

Has severe untreated sleep apnea

Will be taking a monoamine oxidase (MAO) inhibitor while taking Zeposia (e.g., selegiline, phenelzine)

Has a comorbid heart condition – describe: _____

Experienced any of the following in the past 6 months:

<input type="checkbox"/> Myocardial infarction	<input type="checkbox"/> Transient ischemic attack
<input type="checkbox"/> Unstable angina	<input type="checkbox"/> Decompensated heart failure requiring hospitalization
<input type="checkbox"/> Stroke	<input type="checkbox"/> Class III or IV heart failure

PLEASE FAX COMPLETED FORM WITH REQUIRED CLINICAL DOCUMENTATION

Prescriber Signature:

Date:

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