

Gateway Health Prior Authorization Criteria Stimulant Medications (ADHD and Narcolepsy)

All requests for Stimulant Medications for members **under the age of 4 or 21 years of age and older** require a prior authorization and will be screened for medical necessity and appropriateness using the criteria listed below.

Stimulant Medications Prior Authorization Criteria:

For all requests for Stimulant Medications all of the following criteria must be met:

- Member will be using the medication for a FDA-approved or medically accepted indication
- The prescribing provider confirms that the member's Prescription Monitoring Program (PMP) profile has been reviewed
- Member has been counseled on the potential adverse effects of stimulants, including the risk of serious cardiovascular and psychiatric side effects as well as misuse, abuse, and dependence
- The requested dose and frequency is in accordance with FDA-approved labeling, nationally recognized compendia, and/or evidence-based practice guidelines

For members **21 years of age and older,** coverage may be provided with a <u>diagnosis</u> of **Attention Deficit Hyperactivity Disorder (ADHD)** and the following criteria is met:

- Documentation confirming the diagnosis of adult ADHD (*including evidence of inattention or hyperactive-impulsive symptoms before age 12*)
- Evidence of ongoing symptoms due to ADHD that cause significant impairment in social, academic, or occupational functioning
- Prescriber has ruled out any diagnoses or other potential medical confounders as the underlying reason for ongoing hyperactive-impulsive or inattentive symptoms (such as thyroid diseases, sleep disorders, inadequately treated depression, bipolar disorder, anxiety, post-traumatic stress disorder, substance abuse, or other personality disorders)

For members **21 years of age and older,** coverage may be provided with a <u>diagnosis</u> of **Narcolepsy** and the following criteria is met:

- A diagnosis of narcolepsy was confirmed through documentation of excessive daytime sleepiness (≥ 3 months) plus one or more of the following:
 - Cataplexy
 - CSF hypocretin deficiency (one-third less than normal or <110 pg/mL)
 - Polysomnogram sleep study test with REM sleep latency \leq 15 minutes
 - Multiple sleep latency testing with a mean sleep latency ≤ 8 minutes with ≥ 2 sleep onset REM sleep periods

For members **under the age of 4**, coverage may be provided with a <u>diagnosis</u> of **Brain Injury**, **Attention Deficit Hyperactivity Disorder**, **Attention Deficit Disorder**, **and/or Autism** and the following criteria is met:



- If medication is being used for Attention Deficit Hyperactivity Disorder, or Attention Deficit Disorder, member must have had an adequate trial of parent training or teacher administered behavioral therapy and has persistent moderate to severe dysfunction as defined by :
 - Symptoms that have persisted for at least 9 months.
 - Dysfunction that is manifested in both the home and other setting such as preschool or child care.
- Medication is being prescribed by or in consultation with a pediatric neurologist, child psychiatrist, and or child development pediatrician.
- Member must have charted documented evidence of a comprehensive evaluation by the provider.

Initial Duration of Approval: 12 months.

Reauthorization Criteria

- Attestation from the prescriber that the member's PMP profile has been reviewed
- The provider submits documentation showing treatment with stimulant therapy has provided improvement in the patient's condition

Reauthorization Duration of Approval: 12 months

Coverage may be provided for any non-FDA labeled indication if it is determined that the use is a medically accepted indication supported by nationally recognized pharmacy compendia or peer-reviewed medical literature for treatment of the diagnosis(es) for which it is prescribed. These requests will be reviewed on a case by case basis to determine medical necessity.

When criteria are not met, the request will be forwarded to a Medical Director for review. The physician reviewer must override criteria when, in their professional judgment, the requested medication is medically necessary.



STIMULANT M PRIOR AUTHORI		
Please complete and fax all requested information below inc		
documentation as applicable to Gateway Health ⁵		
If needed, you may call to speak to a l		
PHONE : (800) 392-1147 Monday t		
PROVIDER INF	ORMATION	
Requesting Provider:	NPI:	
Provider Specialty:	Office Contact:	
Office Address:	Office Phone:	
	Office Fax:	
MEMBER INF	ORMATION	
	DOB:	
Gateway ID:	Member weight:pounds orkg	
REQUESTED DRUG	INFORMATION	
Medication:	Strength:	
Frequency:	Duration:	
Is the member currently receiving requested medication? Yes		
Billing Info		
This medication will be billed: at a pharmacy OR		
medically (if medically please	e provide a JCODE:	
	per's home Other	
Place of Service		
Name:	NPI:	
Address:	Phone:	
MEDICAL HISTORY (Cor	nplete for ALL requests)	
Diagnosis:		
Has the patient's Prescription Drug Monitoring Program (PDMP)) profile been reviewed?	
Yes No Date reviewed by provider:		
Has the member been counseled on the potential adverse effects of	of stimulants, including the risk of serious cardiovascular and	
psychiatric side effects as well as misuse, abuse, and dependence		
INITIAL AUTH		
For a diagnosis of ADHD in adults 21 years of age and older:		
\rightarrow Is documentation attached to this request that confirms the diagnosis? \square Yes \square No		
> Did the patient have inattentive or hyperactive-impulsive symptoms present prior to age $12?$ [Yes] No		
Have other diagnoses been ruled out as the underlying reason for ongoing hyperactive-impulsive or inattentive symptoms		
(including but not limited to thyroid diseases, sleep disorders,		
post-traumatic stress disorder, substance abuse, or other person		
> Please provide a description or attach chart documentation of o		
significant impairment (social, academic, and/or occupational)		
For a diagnosis of Narcolepsy:		
➤ Is documentation that confirms the diagnosis attached to this request?		
Document must contain evidence of excessive daytime sleepin	less (\geq 3 months) and one or more of the following:	
• Cataplexy	-	
• CSF hypocretin deficiency (one third less than normal	$l \text{ or } \leq 110 \text{ pg/mL}$	
Polysomnogram sleep study test with REM sleep later		
	$cy \le 8$ minutes with ≥ 2 sleep onset REM sleep periods	



STIMULANT N PRIOR AUTHORIZATION FOI	MEDICATIONS RM (CONTINUE			
Please complete and fax all requested information below in				
documentation as applicable to Gateway Heal				
If needed, you may call to speak to				
PHONE: (800) 392-1147 Monday through Friday 8:30am to 5:00pm				
MEMBER INFORMATION				
Member Name:	DOB:			
Gateway ID:	Member weight:	:pounds ork	g	
For a diagnosis of ADHD in children under 4 years of age:				
Has the member tried and failed parent training or teacher administered behavioral therapy? 🗌 Yes 🗌 No				
If Yes, please provide member's duration of symptoms (in months):				
In what settings have the member's dysfunction manifested (he			_	
If member is under the age of 4, has a pediatric neurologist, child psychiatrist, and or child development pediatrician been consulted? \square Yes \square No				
REAUTHORIZATION				
Has the member experienced a significant improvement with treatment? Yes No				
Please describe:				
SUPPORTING INFORMATION or CLINICAL RATIONALE				
Prescribing Provider Signature		Date		