

# Ruconest (C1 esterase inhibitor [recombinant])

Override(s)	Approval Duration
Prior Authorization	1 year

  

Medications	Quantity Limit
Ruconest (C1 esterase inhibitor [recombinant])	Up to two 50 units/kg doses [max of 4200 units (2 vials) per dose] per attack (Max: 16 vials/30 days)

## **APPROVAL CRITERIA**

Requests for Ruconest (C1 esterase inhibitor [recombinant]) may be approved if the following criteria are met:

- I. Individual has a diagnosis of hereditary angioedema; **AND**
- II. Individual is using for the treatment of acute attacks (not prophylaxis); **AND**
- III. Individual is 13 years of age or older; **AND**
- IV. Documentation is provided that diagnosis is confirmed by a C4 level below the lower limit of normal as defined by the laboratory performing the test **AND** one of the following:
  - A. C1 inhibitor (C1-INH) antigenic level below the lower limit of normal as defined by the laboratory performing the test with documentation provided; **OR**
  - B. C1-INH functional level below the lower limit of normal as defined by the laboratory performing the test with documentation provided;

### **AND**

- V. Individual has a history of moderate or severe attacks such as airway swelling, severe abdominal pain, facial swelling, nausea and vomiting, or painful facial distortion.

Requests for Ruconest may not be approved for the following:

- I. All other indications not included above; **OR**
- II. Individuals using to treat laryngeal attacks; **OR**
- III. In combination with other Hereditary Angioedema (HAE) agents for acute attacks (including but not limited to Berinert, Icatibant (Firazyr, Sajazir), or Kalbitor; **OR**
- IV. Individual has a known or suspected allergy to rabbits or rabbit -derived products.

## **Key References:**

1. Bork, K., Anderson, J.T., Caballero, T. *et al.* Assessment and management of disease burden and quality of life in patients with hereditary angioedema: a consensus report. *Allergy Asthma Clin Immunol* 17, 40 (2021). <https://doi.org/10.1186/s13223-021-00537-2>. Accessed on July 9, 2022.

2. Busse, PJ, Christiansen SC, Riedl MA et al. US HAEA Medical Advisory Board 2020 Guidelines for the Management of Hereditary Angioedema. *J Allergy Clin Immunol Pract*. 2021;9:132-50.
3. Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2022. URL: <http://www.clinicalpharmacology.com>. Updated periodically.
4. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>. Accessed: July 9, 2022.
5. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
6. Efficacy and Safety Study of DX-2930 to Prevent Acute Angioedema Attacks in Patients with Type I and Type II HAE. NCT02586805 (HELP Study). Available at <https://www.clinicaltrials.gov/ct2/show/study/NCT02586805>.
7. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2022; Updated periodically.
8. Maurer M, Magerl M, Ansotegui I, et al. The international WAO/EAACI guideline for the management of hereditary angioedema-The 2017 revision and update. *Allergy*. 2018 Jan 10.
9. Riedl MA. Creating a Comprehensive Treatment Plan for Hereditary Angioedema. *Immunol Allergy Clin N Am*. 2013; 33 (4): 471-485. doi:10.1016/j.iac.2013.07.003.
10. Zuraw BL, Banerji A, Bernstein JA, et al. US Hereditary Angioedema Association Medical Advisory Board 2013 Recommendations for the Management of Hereditary Angioedema Due to C1 Inhibitor Deficiency. *J Allergy Clin Immunol: In Practice*. 2013; 1:458-67. doi:10.1016/j.jaip.2013.07.002.
11. Zuraw BL, Bernstein JA, Lang DM, et al. A focused parameter update: Hereditary angioedema, acquired C1 inhibitor deficiency, and angiotensin-converting enzyme inhibitor-associated angioedema. *J Allergy Clin Immunol*. 2013; 131(6):1491-1493.e1-e25. Available from: [http://www.jacionline.org/article/S0091-6749\(13\)00523-X/pdf](http://www.jacionline.org/article/S0091-6749(13)00523-X/pdf).

Federal and state laws or requirements, contract language, and Plan utilization management programs or policies may take precedence over the application of this clinical criteria.

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