

Dose Optimization

Override(s)	Approval Duration
Prior Authorization	Approval Duration if dose is being titrated: 3 months Approval Duration for all other approval criteria: 1 year

APPROVAL CRITERIA

Requests for multiple doses of lower strength medications may be approved based on the following criteria:

- I. Individual is intolerant to the recommended drug regimen due to adverse side effects; **OR**
- II. Individual did not achieve desired results with the recommended drug regimen; **OR**
- III. The requested dose cannot be consolidated using a higher strength tablet/capsule; **OR**
- IV. Individual's dose is being titrated; **OR**
- V. Individual cannot use the recommended dosage forms (such as, unable to swallow tablets)

Requests will be approved up to the recommended maximum daily dosing limit that is supported by the FDA for the approved indication. Requests for quantities greater than the maximum daily dose will be reviewed for medical necessity.

Medication	Strength	Recommended Max Daily Dose
Alvaiz (eltrombopag choline)	9mg, 18mg	54mg – ITP 72mg – chronic Hepatitis C 108 mg – severe aplastic anemia
Aptiom (eslicarbazepine)	200mg, 400mg	1600 mg
Aricept (donepezil)	5mg	23mg
Aricept (donepezil) orally disintegrating (ODT)	5mg	23mg
Atacand (candesartan)	4mg, 8mg	32mg
Austedo (deutetrabenazine)	6mg	48mg
Avapro (irbesartan)	75mg, 150mg	300mg
Banzel (rufinamide)	200mg	3200mg
Bucapsol (buspirone)	7.5mg, 10mg	60mg
Benicar (olmesartan medoxomil)	5mg, 20mg	40mg
Calan SR (verapamil extended-release)	120mg	480mg
Cardene SR (nicardipine hcl)	30mg, 45mg, 60mg	120mg
Cardizem (diltiazem)	30mg, 60mg	360mg
Cardizem CD (diltiazem extended release)	120mg	540mg
Cardizem LA (diltiazem extended release)	120mg	540mg
Cartia XT (diltiazem extended release)	120mg	540mg
Conjupri (levamlodipine)	1.25mg, 2.5mg	5mg
Covera-HS (verapamil hcl)	180mg, 240mg	540mg
Cozaar (losartan)	25mg	100mg
Diacomit (stiripentol)	250mg	3000mg
Digitek, Digox (digoxin)	0.125mg	0.25mg
Dilacor XR (diltiazem hcl)	120mg	540mg
Dilt-XR (diltiazem extended-release)	120mg	540mg
Diltiazem extended-release 12-hour	60mg	540mg
Diovan	40mg, 80mg	320mg
Edarbi (azilsartan medoxomil)	40mg	80mg
Exelon (rivastigmine)	1.5mg, 3mg	12mg
Gabarone (gabapentin)	100mg	1800mg
Gocovri ER (amantadine extended release)	68.5 mg	274mg
Gralise (gabapentin extended-release)	300mg, 450mg	1800mg
Ingrezza (valbenazine)	40 mg	80mg
Isradipine	2.5mg	20mg
Juxtapid (lomitapide)	5 mg, 10 mg	60mg
Keppra (levetiracetam)	250mg, 500mg, 750mg	3000mg
Lamictal (lamotrigine extended-release) XR	25mg, 50mg, 100mg	600mg

Lamictal (lamotrigine orally disintegrating tablets) ODT	50mg	400mg
Lamictal (lamotrigine)	25mg, 100mg, 150mg, 200mg	600mg
Lanoxin (digoxin)	0.625mg, 0.125mg	0.25mg
Libervant (diazepam buccal film)	5mg, 7.5mg (10 films per 30 days)	10 weight-based doses per 30 days
Lyrica CR (pregabalin extended release)	82.5mg, 165mg	660mg
Maprotiline	25mg	225mg
Micardis (telmisartan)	20mg, 40mg	80mg
Mezofy (aripiprazole)	5mg, 10mg	30mg
Motpoly XR (lacosamide extended-release)	100mg	400mg
Namenda (memantine)	5mg	20mg
Namenda XR (memantine extended release)	7mg, 14mg	28mg
Neurontin (gabapentin)	100mg, 300mg, 400mg	3600mg
Nifedipine capsule	10mg	180mg
Norvasc (amlodipine besylate)	2.5mg	10mg
Opipza (aripiprazole)	2mg, 5mg	30mg
Osmolex ER	129mg	322mg
Oxtellar XR (oxcarbazepine extended-release)	150mg, 300mg	2400mg
Phenobarbital	15mg, 16.2mg, 30mg, 32.4mg	400mg
Plendil (felodipine)	2.5mg, 5mg	10mg
Procardia XL (nifedipine)	30mg	120mg
Promacta (eltrombopag)	12.5mg, 25mg	75mg – ITP 100mg – chronic Hepatitis C 150 mg – severe aplastic anemia
Promacta (eltrombopag) packets for oral suspension	12.5mg	75mg – ITP 100mg – chronic Hepatitis C 150 mg – severe aplastic anemia
Qudexy XR (topiramate extended-release)	25mg	400mg
Razadyne (galantamine)	4mg	24mg
Razadyne ER (galantamine extended release)	8mg	24mg
Sarafem (fluoxetine hcl)	10 mg	80 mg
Sular (nisoldipine)	8.5mg, 17mg, 20mg	34mg
Taztia XT (diltiazem extended-release)	120mg	540mg
Tekamlo (aliskiren/amlodipine)	150mg/5mg	300mg/10mg
Tektrna (aliskiren fumarate)	150mg	300mg

Tekturna HCT (aliskiren fumarate/hydrochlorothiazide)	150mg/12.5mg	300mg/25mg
Tiadytl (diltiazem extended release beads 24HR)	120mg	540mg
Tiazac (diltiazem extended-release)	120mg	540mg
Topamax (topiramate)	25mg, 50mg, 100mg	400mg
Trokendi ER (topiramate extended-release)	25mg	400mg
Valturna (aliskiren/valsartan)	150mg/160mg	300mg/320mg
Verapamil	40mg, 80mg	480mg
Verelan (verapamil sustained release)	120mg, 180mg	480mg
Verelan PM (verapamil hcl)	100mg	400mg
Selected Antipsychotic Agents:		
Abilify (aripiprazole)	2mg, 5mg, 10mg, 15mg	30mg
Abilify Mycite (aripiprazole tablets with sensor maintenance kit)	2mg, 5mg, 10mg, 15mg	30mg
Caplyta (lumateperone)	10.5mg, 21mg	42mg
Chlorpromazine	10mg, 25mg, 50mg	800mg
Clozapine	25mg, 50mg	900mg
Fanapt (iloperidone)	1mg, 2mg, 4mg, 6mg	24mg
Fazaclo (clozapine orally disintegrating tablet)	12.5mg, 25mg	900mg
Fluphenazine	1mg, 2.5mg, 5mg	40 mg
Geodon (ziprasidone)	20mg, 40mg	160mg
Haloperidol	0.5mg, 1mg, 2mg	100mg
Invega (paliperidone)	1.5mg, 3mg	12mg
Latuda (lurasidone)	20mg, 40mg, 60mg	160mg
Loxapine succinate	5mg, 10mg, 25mg	250mg
Molindone	5mg, 10mg	225mg
Opipza (aripiprazole) oral film	2mg	30mg
Perphenazine	2mg	64mg
Rexulti (brexpiprazole)	0.25mg, 0.5mg, 1mg, 2mg	4mg
Risperdal (risperidone)	0.25mg, 0.5mg, 1mg, 2mg	16mg
Risperdal M-(dispersible) (risperidone orally disintegrating tablet)	0.25mg, 0.5mg, 1mg, 2mg	16mg
Saphris (asenapine)	2.5mg, 5mg	20mg
Seroquel (quetiapine)	25mg, 50mg, 100mg, 200mg	800mg
Seroquel XR (quetiapine extended release)	150mg, 200mg	800mg
Symbyax (olanzapine/fluoxetine)	3mg/25mg, 6mg/25mg	18mg/75mg
Thioridazine	10mg, 25mg, 50mg	800mg
Thiothixene	1mg, 2mg, 5mg	60mg
Trifluoperazine	1mg, 2mg	40mg
Vraylar (cariprazine)	0.5mg, 0.75mg, 1.5mg, 3mg	6mg
Zyprexa (olanzapine)	2.5mg, 5mg, 7.5mg, 10mg	20mg
Zyprexa Zydis (olanzapine orally disintegrating)	5mg, 10mg	20mg

Depression: Other Agents		
Amitriptyline	10mg, 25mg, 50mg, 75mg	300mg
Amoxapine	25mg, 50mg	400mg
Anafranil (clomipramine)	25mg	250mg
Aplenzin (bupropion hydrobromide)	174mg	522mg
Desipramine	10mg, 25mg, 50mg, 75mg	300mg
Doxepin	10mg, 25mg, 50mg, 75mg	150mg
Drizalma Sprinkle (duloxetine delayed-release)	30mg, 40mg	120mg
Emsam (selegiline) 24 hour patch	6mg	12mg
Imipramine	10mg, 25mg	300mg
Imipramine pamoate	75mg, 100mg	300mg
Nefazodone	50mg, 100mg	600mg
Pamelor (nortriptyline)	10mg, 25mg	150mg
Pristiq (desvenlafaxine succinate)	25mg, 50mg	100mg
Protriptyline	5mg	60mg
Trazodone	50mg, 100mg, 150mg	600mg
Trintellix (vortioxetine)	5mg, 10mg	20mg
Viibryd (vilazodone)	10mg, 20mg	40mg
Wellbutrin (bupropion hcl)	75mg	450mg
Wellbutrin SR tablet (bupropion hcl ER)	100 mg	450mg
HMG CoA Reductase Inhibitors:		
Altprev (lovastatin ER)	20mg	80mg/day
Caduet (amlodipine besylate/atorvastatin calcium)	2.5-10mg, 2.5-20mg, 2.5-40mg, 5-10mg, 5-20mg, 5-40mg	10-80mg/day
Crestor (rosuvastatin calcium)	5mg, 10mg, 20mg	40mg/day
Ezallor Sprinkle (rosuvastatin calcium)	5mg, 10mg, 20mg	40mg/day
Lescol (fluvastatin sodium)	20mg, 40mg	80mg/day
Lipitor (atorvastatin calcium)	10mg, 20mg, 40mg	80mg/day
Livalo (pitavastatin calcium)	1mg, 2mg	4mg/day
Lovastatin	10mg, 20mg	80mg/day
Pravachol (pravastatin sodium)	10mg, 20mg, 40mg	Adult: 10-80mg/day Age 8-13 years old: 20mg/day Age 14-18 years old: 40mg/day
Zocor (simvastatin)	5mg, 10mg, 20mg	80mg/ day
Zypitamag (pitavastatin)	1mg, 2mg	4mg/day
Miscellaneous:		
Provigil (modafinil) tablet	100mg	400mg
Sunosi (solriamfetol)	37.5mg, 75mg	150mg

Wakix (pitolisant)	4.45mg	35.6mg
Attention Deficit Hyperactivity Disorder (ADHD) or Attention Deficit Disorder (ADD) Agents:		
Adderall (amphetamine-dextroamphetamine salts)	5mg, 7.5 mg, 10mg, 12.5mg, 15 mg	60mg
Adderall XR (amphetamine-dextroamphetamine salts ER)	5mg, 10mg, 15 mg	30mg
Aptensio XR (methylphenidate ER)	10mg, 15mg, 20mg, 30mg	60mg
Concerta (methylphenidate ER)	18mg, 27mg	72mg
Daytrana (methylphenidate)	10mg/9 hr, 15mg/9 hr	30mg/9 hr
Dexedrine (dextroamphetamine)	5mg	60mg
Dexedrine Spansules (dextroamphetamine SR)	5mg	60mg
Dyanavel XR (amphetamine)	5mg, 10mg	20mg
Evekeo (amphetamine sulfate)	5mg	60mg
Focalin (dexmethylphenidate)	2.5mg, 5mg	20mg
Focalin XR (dexmethylphenidate biphasic-release)	5mg, 10mg, 15mg, 20mg	40mg
Jornay PM (methylphenidate extended release)	20mg, 40mg	100mg
Metadate CD (methylphenidate ER)	10mg, 20mg, 30mg	60mg
Metadate ER/Methylin ER (methylphenidate ER)	10mg	60mg
methylphenidate chewable	2.5mg, 5mg	60mg
Methylin/Ritalin (methylphenidate)	5mg, 10mg	60mg
QuilliChew ER (methylphenidate)	20mg	60mg
Ritalin LA (methylphenidate ER)	10mg, 20mg	60mg
Vyvanse (lisdexamfetamine)	10mg, 20mg, 30mg	70mg
Zenzedi (dextroamphetamine)	2.5mg, 5mg	60mg

Key References:

1. DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>.
2. DrugPoints® System [electronic version]. Truven Health Analytics, Greenwood Village, CO. Updated periodically.
3. Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2026; Updated periodically.

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